



# Jonathan Brough



Rachel and Jonathan playing at Leonard Cheshire Homes February 2018

In February 2007, whilst training as a ski instructor in Canada, I contracted meningitis. This resulted in being paralysed from the neck down and fully dependant on a ventilator to breathe. I first heard about Boccia when I was at NSC (National Star College) A company called Remap made me a ramp with an electronic switch to release a ball down the ramp. This was great and it meant I could play Boccia.



Cotswold Crusaders 2017

Later on, I went to Plymouth University and due to a busy schedule I stopped playing Boccia for quite a while. Last year, I went along to Cotswold Crusaders for a training session. I went again the following week and was hooked. I heard about Boccia Busters and began training with them as well which was great and really helped to build my confidence. I looked into competing. The ramp I had wouldn't meet the regulations. I thought I wouldn't be able to compete. Rachael helped me try, using a ramp that belonged to Rich Amos. I managed to hold a pen in my mouth and used it to push the ball down the ramp. This felt incredible. Remap made me a mouth pointer using an ariel. I went along to a sports day where I met a coach called Lauren. I trained with her once a week. I took part in the Heathcoat Cup in Cheltenham. This was my first Boccia competition so I didn't know what to expect. It went really well and I won a gold medal. I



Winning Gold Medal in his category in December 2017

went on to take part in the Heathcoat Cup finals in Hatfield and finished 8th in my category. Boccia has helped me massively, giving me a focus, increasing my confidence and enhancing my life. It has also given me an outlet for my competitive nature.

*Jonathan Brough*

<http://www.youtube.com/user/jonathanbrough>

<http://www.facebook.com/jonathan.brough.3>

<http://www.imdb.me/phoenixindaloproductions>

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